



Meet Kyla



Kyla Barnes has been a part of Atrium Health since 2008. She began her journey with the Atrium Health Employer Solutions team in 2013 and currently serves as a health promotions coordinator. Barnes has been honored for her years of service within Atrium Health and has received recognition from business clients in the region. She's also an instructor for the national Mental Health First Aid (MHFA) program, including both the youth and adult version, and is recognized as a top MHFA instructor for Atrium Health.

Barnes holds a Bachelor of Science in Psychology with a minor in Sociology and Women's Studies from the University of North Carolina at Charlotte.

Kyla Barnes

*Health Promotions Coordinator,
Atrium Health Employer Solutions*